



## MEASLES ♦ MASERN

**1. Appearance:** Red patches on the skin that run into each other, high temperature, conjunctivitis, a cough and a cold.

Complications: On very rare occasions measles can lead to a serious encephalitis.



**2. Risk of infection:** Measles is a virulent (very infectious) disease. It is transmitted by droplets or secretion when speaking, coughing or sneezing. The disease is infectious 3-5 days before the rash and 4 days after the rash appears.

**3. Protection:** You can protect yourself and others by having the injection.



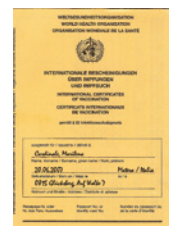
4. This disease is notifiable. Your doctor will take care of this for you.

## 5. Measures:

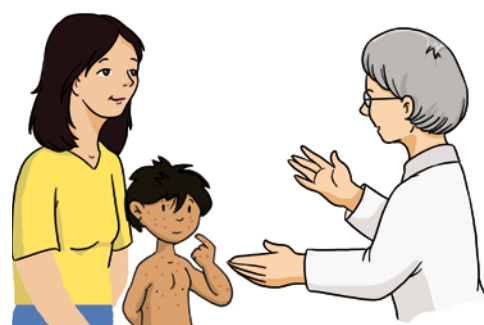
First phone your paediatrician.



Take your child's vaccination record with you.



Follow the doctor's instructions.

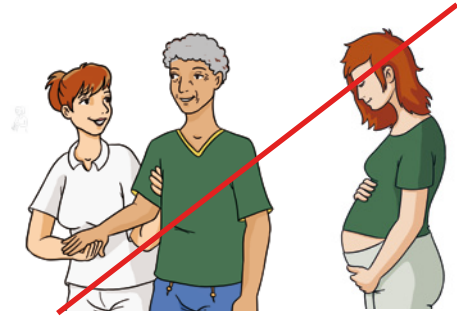


# tip doc

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### 6. These recommendations may be:

- Make sure you avoid personal contact with people who have not had the injection, who are unprotected or have a weak immune system.
- Make sure you avoid contact with pregnant women.



- Confined to bed/ordered to rest
- Give your child plenty to drink.
- Your child should not rub his/her eyes.



- Please inform the nursery/daycare centre/crèche or school about your child's illness. Say which disease the child has if it is infectious or notifiable so the staff can protect the other children if need be.



- The child must not go back to nursery or school until the symptoms have subsided. Ask your paediatrician.

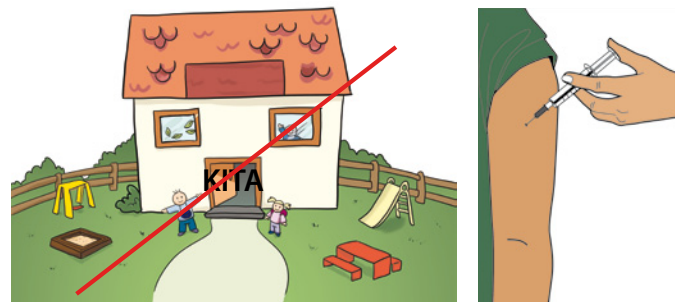


### 7. For unprotected persons or those who have not had the injection:

At least 14-16 days where the child cannot attend the daycare facility/school

or

have the injection in the first 3 days after being in contact with a person carrying the disease.

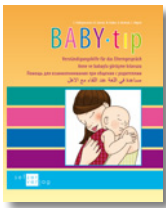


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